

Zoom Schedule For the Week of August 3rd

Monday

Tai Chi With Joseph at 10am

Zoom ID: 895 8692 8817
Password: TAICHI

[https://us02web.zoom.us/j/89586928817?](https://us02web.zoom.us/j/89586928817?pwd=NTlwU00rSE1YQnBvcTdyS2o4MjNPZz09)
[pwd=NTlwU00rSE1YQnBvcTdyS2o4MjNPZz09](https://us02web.zoom.us/j/89586928817?pwd=NTlwU00rSE1YQnBvcTdyS2o4MjNPZz09)

Zumba with Andrea at 2:00pm

Zoom ID 757-851-7221
Password: Health

[https://us02web.zoom.us/j/7578517221?](https://us02web.zoom.us/j/7578517221?pwd=NllycWxGS2UzQnpU1piZWw5WnhGUT09)
[pwd=NllycWxGS2UzQnpU1piZWw5WnhGUT09](https://us02web.zoom.us/j/7578517221?pwd=NllycWxGS2UzQnpU1piZWw5WnhGUT09)

Tuesday

Tai Chi with Maria at 10:00am

Zoom ID: 327 502 6011
Password: Dance

[https://us02web.zoom.us/j/3275026011?](https://us02web.zoom.us/j/3275026011?pwd=aFNENDRBV0RGL1c2SkpYcC82VEhDQT09)
[pwd=aFNENDRBV0RGL1c2SkpYcC82VEhDQT09](https://us02web.zoom.us/j/3275026011?pwd=aFNENDRBV0RGL1c2SkpYcC82VEhDQT09)

Zumba With Andrea at 2:00pm

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[pwd=NllycWxGS2UzQnpU1piZWw5WnhGUT09](https://us02web.zoom.us/j/7578517221?pwd=NllycWxGS2UzQnpU1piZWw5WnhGUT09)

Wednesday

Zumba with Darryl at 10am

Zoom ID 585-904-4510

<https://us02web.zoom.us/j/5859044510>

Exercise with Sheila at 11:30am

Zoom ID: 862 9802 7529
Password: 684796

<https://us02web.zoom.us/j/86298027529?pwd=ekE4dGNVUjluVXhIUHhKQk1pVjgzdz09>

Lois on the Piano at 12:15pm

Zoom ID 311 865 3688
Password: EACSHp

[https://zoom.us/j/3118653688?](https://zoom.us/j/3118653688?pwd=OW85NXB5RmdqY1pBMGlIZ1M0UEIYUT09)
[pwd=OW85NXB5RmdqY1pBMGlIZ1M0UEIYUT09](https://zoom.us/j/3118653688?pwd=OW85NXB5RmdqY1pBMGlIZ1M0UEIYUT09)

Thursday

Tai Chi with Maria at 10:00am

Zoom ID: 327 502 6011
Password: Dance

<https://us02web.zoom.us/j/3275026011?pwd=aFNENDRBV0RGL1c2SkpYcC82VEhDQT09>

Exercise with Sheila at 11:00am

Zoom ID: 843 0075 5439
Password: 211374

<https://us02web.zoom.us/j/84300755439?pwd=TkwzWjBxOGN5MTVrKzZncnduYU1OUT09>

Zumba with Darryl at 2:00pm

Zoom ID: 585-904-4510
<https://us02web.zoom.us/j/5859044510>

Friday

Exercise with Sheila at 11:30am

Zoom ID: 831 1177 3950
Password: 956969

[https://us02web.zoom.us/j/83111773950?](https://us02web.zoom.us/j/83111773950?pwd=SjZPZHU2b0V2SVhzTVBBMFJ4QWYydz09)
[pwd=SjZPZHU2b0V2SVhzTVBBMFJ4QWYydz09](https://us02web.zoom.us/j/83111773950?pwd=SjZPZHU2b0V2SVhzTVBBMFJ4QWYydz09)

Lois on the piano at 12:15pm

Zoom ID 311 865 3688
Password: EACSHp
[https://zoom.us/j/3118653688?](https://zoom.us/j/3118653688?pwd=OW85NXB5RmdqY1pBMGlIZ1M0UEIYUT09)

[pwd=OW85NXB5RmdqY1pBMGlIZ1M0UEIYUT09](https://zoom.us/j/3118653688?pwd=OW85NXB5RmdqY1pBMGlIZ1M0UEIYUT09)

